

WCLAC CROSS COUNTRY INFORMATION



◆ Existing Summer Track & Field Athletes

Already registered for Summer Season? You're in! Cross Country is included in your fees.

ACTION : Go into results HQ, top right hand menu and select nominations, choose Division one Cross Country or simply show up!

◆ New Athletes – Free Trial Offer!

Try 2 free comp days + training during a 28-day trial period!

Then print your Trial Registration Patch and show your email confirmation when attending.

💰 After 2 trial events, register fully for just \$75 per athlete.

👕 Uniform & Registration Patch

Whittlesea City uniform recommended. Contact Nancy: 0439 429 991 to purchase.

Lost your Summer TAG? Contact Sara: 0421 638 643 for a \$5 reprint.

🏃 Training Details

Thanks to Diamond Valley LAC for hosting training sessions:

Mondays & Wednesdays 4.30pm – Willinda Park

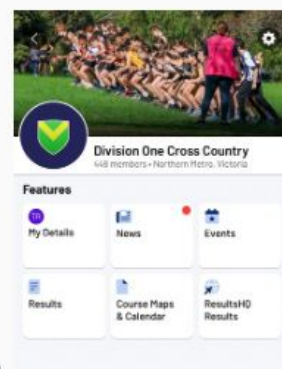
Contact Brad: 0419 877 599 for more info.

📱 Communication

All updates, timetables & results are shared via Team App.

👉 Join Division One Cross Country Team App

⚠️ **Reminder:** All athletes must be accompanied by a parent/guardian at all training and competitions, per LAVic's Child Safe requirements.



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2026 Cross Country Season

Hosted by NMR as Division One Cross Country

A great opportunity for kids aged 5–17 to get active, build endurance, and enjoy running in a fun, friendly, and supportive environment—while exploring the outdoors!

What is Cross Country?

Cross Country is long-distance running held on natural terrain like grass, dirt, and parklands. With varied courses including hills, turns, and changing surfaces, it's a unique and exciting challenge for all.

Benefits of Participating

- Improves Fitness & Endurance – Build strength and stamina in a fun way
- Builds Confidence & Resilience – Tackle challenges and improve over time
- Fosters Friendships & Team Spirit – Enjoy a strong sense of community

2026 Season Dates & Locations

- Season Runs: Saturday 9th May – End of August
- Venues Include but not limited to: Coburg, Essendon, Bundoora Park, Preston/Reservoir, Craigieburn & Keilor LAC
- 2026 Calendar: Available soon via Team App.
- First meet: Saturday 9th May at Keilor Park



AGE GROUP	DISTANCE
U6	500M
U7 & 8	1km
U9 & 10	1.5km
U11 & 12	2km
U13-17	3km

**FREE FOR
EXISTING MEMBERS**



**Contact Us
For More
Information:**



**Eren
0414 828 639**



Division One Cross Country Season Calendar 2026



Week	Date	Location	Host Centre
1	9 th May	Keilor Park Recreation Reserve	Keilor
2	16 th May	Sprint Athletics Centre	Craigieburn
3	23 rd May	Moonee Valley Athletics Track	Essendon
Relays	30th May	Jells Park, Wheelers Hill (U9-17 athletes only)	LAVic
4	13 th June	Edwardes Lake Park	Preston-Reservoir
5	20 th June	Harold Stevens Athletics Track	Coburg
6	27 th June	Bundoora Park	Diamond Valley/Whittlesea City
7	4 th July	Moonee Valley Athletics Track	Essendon
8	11 th July	Sprint Athletics Centre	Craigieburn
Region	18th July	Bundoora Park (U9-17 athletes only)	NMR
9	25 th July	Sunbury Park Reserve	Sunbury
10	1 st August	Harold Stevens Athletics Track	Coburg
11	8 th August	TBA	Diamond Valley/Whittlesea City
State	15th August	LAVic State Championships (U9-17 athletes only)	LAVic
	22 nd August	Keilor Park Recreation Reserve	Handicap & Presentation Day

Weekly Competition starts at 9am. Warm-up/Marshalling for Under 6s at 8:45am.

Distances/Order of Events

Under 6	Girls & Boys	500m
Under 7-8	Girls & Boys	1000m
Under 9-10	Girls & Boys	1500m
Under 11-12	Girls & Boys	2000m
Under 13-17	Girls & Boys	3000m

Venues

Keilor Park Recreation Reserve	Stadium Drive, Keilor Park
Sprint Athletics Centre	1140 Aitken Boulevard, Craigieburn
Moonee Valley Athletics Track	Corio Street, Moonee Ponds
Edwardes Lake Park	Cnr Edwardes St and Griffiths St, Reservoir
Harold Stevens Athletics Track	Outlook Road, Coburg North
Bundoora Park	Plenty Road, Bundoora
Sunbury Park Reserve	Jackson Street, Sunbury
Hawkestone Park	Plenty Gorge Parklands, Gordons Road, South Morang

Sign up to Division One Cross Country on Stack Team App to keep up to date with locations, dates and times and access results, course maps.

* Calendar subject to change